

# ANNAI INDRA PENGAL MUNNETRA SANGAM

## **A N N U A L R E P O R T**

## 2022-2023



**Maintenance of Care Homes for Senior Citizen  
affected With Alzheimer's/ Dementia**

**20/21, ABIRAMI NAGAR AVENUE, SIVAN KOVIL  
STOP, SIKKANDAR SAVADI, ALANGANALLUR  
ROAD,**

**PODUMBU PO, MADURAI. 625018.**

## INTRODUCTION:

AIPMS is a rural based non-profit organization which is working for the development of rural people. We are working with the support of central and state government and local funds. We are trying our best in social service with the help of people like you. We are going to see about the previous year execution of our programs.

For many Years we are servicing in Sivagangai, Madurai, and Dindigul districts of Tamilnadu. With our experience we are running some development programs for the development of rural community.

## DEMENTIA DAY CARE CENTRES FOR ELDERS:

From 2013 we are running day care centre for the dementia patients in Madurai with the huge support of Ministry of social justice and empowerment. Today dementia is a common phenomenon which affecting the entire world without any discrimination.

Many elders are affected by such kind of disorder. We have given awareness about dementia, how to take care of dementia patients and how to give response to the dementia patients, what are the needs of dementia patients. How to help dementia patients and consider their needs and rectify their problems.

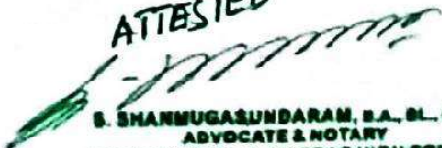
## Maintenance of continuous Care Homes and Homes for senior affected with Alzheimer's disease/ Dementia:

### INTRODUCTION:

AnnaiIndraPengalMunnetraSangam is running the Home for the elders with Alzheimer/Dementia. This home is very much helpful to the affected elders. Food, Treatment through doctor with two nurses, the medical care is given. The home is very much helpful to the elders who are not having any support from their families. Treatment can help slowly and with long term medical support.

ALZHEMERS -is a type of Dementia that causes problems with memory, thinking and lowers the regular activities

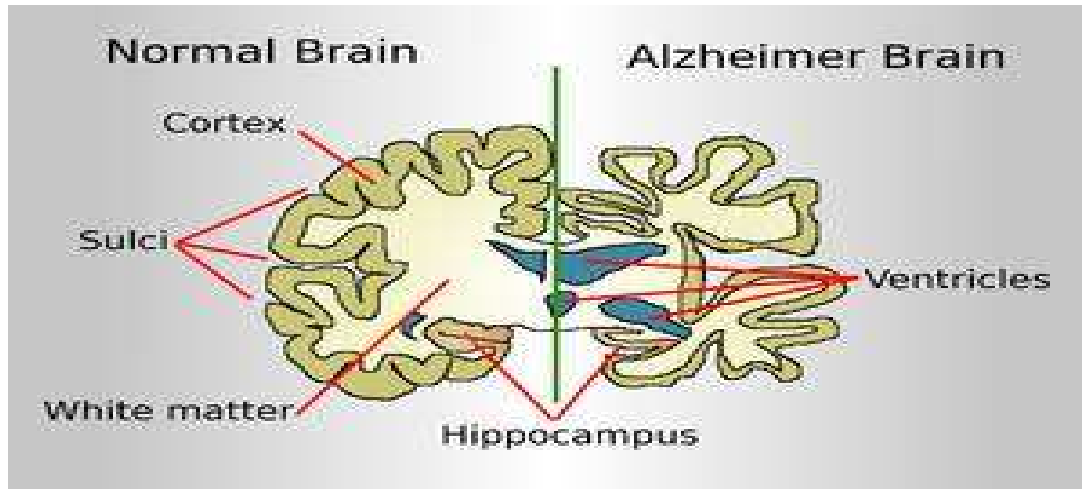
  
SECRETARY / DIRECTOR  
ANNAI INDRA  
PENGAL MUNNETRA SANGAM  
MADURAI.

ATTESTED  
  
S. SHANMUGASUNDARAM, B.A., B.L. (BL)  
ADVOCATE & NOTARY  
LAW CHAMBER : 3, MADRAS HIGH COURT,  
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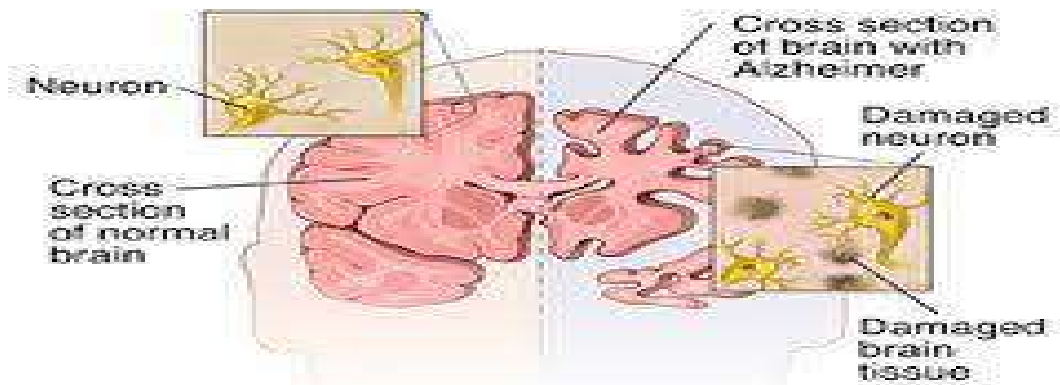
## ALZEMERS/DEMENTIA PATIENTS:

They are not totally mentally retorted .They will be like normal people only. They will forget many things at some time are others. Some time they will behave normally, speak, think, and act normally. But in sometimes they will forget where they are and salivation or urination in the staying place itself. They will go to bed closely, even before hand washing .They will not coordinate the frequent actions.

These Elders will not tell even their name. They are not deaf and dumb but they will not speak for our questions. Or enquiries in such cases we should not blame them. We should have more patience to handle them.



Alzheimer disease is a disease that affects the brain and nervous system. It happens when nerve cells in the brain die. The disease gets worse over time. It is a type of dementia



# ALZHEIMER'S DISEASE

## SIGNS AND SYMPTOMS



MEMORY LOSS



MISPLACING ITEMS



DIFFICULTY IN  
DECISION MAKING  
AND JUDGING



REDUCED ABILITY  
IN UNDERSTANDING  
VISUAL IMAGES



CONFUSION WITH  
TIME AND PLACES



MOOD SWINGS



REPETITIVE SPEECH  
AND WRITING ISSUES



DIFFICULTY IN  
PROBLEM SOLVING



SOCIAL WITHDRAWAL



INABILITY  
TO COMPLETE  
COMPLEX TASKS

### TREATEMENT:

Treatment can help to extend the mental health, but it will be very least percentage. This condition cannot be totally changed to normal condition. But the condition of the patient may be improved to a certain extent.



## DAILY ACTIVITIES OF OUR HOME

In our home our staff team takes care of elders in a lovely manner every day. The elders are mostly abandoned by their family. We are providing support to the elders to live their remaining life in a useful manner. We also help them to fulfill their basic needs as food, shelter, mental support and medical care.



## FOOD

Every day we provide 3 times good meals like idly, chapatti, Pongal, uppuma, and rice with vegetables for the elders as per their health condition. And also provides two time's coffee or tea with snacks like biscuit, bread to them. We also provide non vegetarian meals on Sundays to elders according to their health condition. Our staff team takes care of their hungry needs.





## **SHELTER**

In our home we have given fine shelter for elders. Our home is having finest accommodation like cots, tables, chairs and fans, lights adequately. We have given cot and bed materials, pillow, for every elder. Adequate utensils are also available in our home.

## **HEALTH CARE:**

Our doctor visits this home frequently and takes care of every elder. She suggests the needs of the elders and prescribes the essential medicines to improve their health and hygiene. Health team takes care of elders and watching their blood pressure, blood sugar level, and urine contents.



## NURSING CARE:

Our Home is having two Nurses who are providing good Treatment and care. Doctor prescribes Medicines and based on the prescription. She is giving Medical care.



## COUNSELLING

Our counselor takes care of the elders emotional needs. She support elders to feel free and makes them happy. She fulfils the emotional needs of every elder in a homely manner.

## YOGA PRACTICE

Our yoga therapist give instructions to do simple yoga's like padmasana, shanthi asana, and suryanamaskar, breath training and pranayama. Breath training supports the elders to breathe easily and effortlessly. Breathe training also extents their life span.

## CONCLUSION

The elders are taken carefully by the Staff team and management .The elders are given pleasant care and support with proper nutrition, Health care and pleasant atmosphere.

*S. Debmamal*  
SECRETARY / DIRECTOR  
ANNAI INDRA  
PENGAL MUNNETRA SANGAM  
MADURAI.

ATTESTED  
*[Signature]*  
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